



## **PRESS RELEASE**

### **HEATH & HEATHER SHARE THE FRUITS OF THEIR LABOUR**

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When you consider how healthy the **Heath & Heather** range of fruit and herbal infusions is, not to mention the extensive range of flavours they have to offer, it comes as little surprise that they rank number 1 fruit & herb tea brand in the health trade.

Whether you are looking to relax, detox, feel invigorated or simply maintain your body's natural wellbeing; look no further than the diverse, inspirational range from Heath & Heather.



Heath & Heather have been blending herbal infusions since 1920 and because of their extensive herbal expertise, each infusion is carefully selected to ensure only the finest natural ingredients are used.

Today Heath & Heather still retain their strong heritage as modern, holistic experts and are continuing to develop a quality range of fruit & herbal infusions and green teas. Each variant is widely regarded for its traditional therapeutic properties, to help support a natural, healthy lifestyle.

So enter the natural healthy world of Heath & Heather and uncover the various products and flavours we have to offer within our six specific ranges...

Relaxing – Camomile, Camomile & Honey, Camomile & Spearmint, Night Time

Wellbeing - Nettle, Rosehip, Peppermint, Fennel, Raspberry Leaf, Lemon & Ginger

Invigorating – Morning Time, Apple & Cinnamon, Wild Blackcurrant

Organics – Nettle, Peppermint, Camomile, Echinacea, Green Tea

Antioxidants - Pomegranate, Green Tea & Lemongrass, Green Tea & Jasmine

Benefits – Serenity, Rise & Shine, Harmony, Revive, Renew, Balance



The Heath & Heather range is endorsed by NIMH (National Institute of Medical Herbalists) the UK's leading professional body representing herbal practitioners.

**NIMH** commented: *"The Heath & Heather product range of herbal infusions is ideal for providing your body with a range of natural, health benefits. Specially developed, incorporating the finest of nature's ingredients, these delicate blends help to maintain the body's natural balance as part of a healthy diet."*

The Heath & Heather range is available from Holland & Barrett, Julian Graves and many other health food stores with prices starting from £1.09 for packs of 20 teabags.

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**For further information** or images, please contact Bryony Bennett/Kate Refson at Cirkle: T: 01494 680 727 / F: 01494 675 380 / E: [bryony.bennett@cirkle.com](mailto:bryony.bennett@cirkle.com)

**For stockist details** please contact our customer relations team on 0800 633 5650 who are available from Monday to Friday 9.30am - 5.00pm.

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